

VRAI

How to measure your ring size:

To ensure the perfect fit, you must first measure your finger. Then consult a ring size chart to find the size that's right for you. For more, visit vrai.com/journal/post/how-to-ring-size.

Method 1 : Measure a current ring

Choose a ring that correctly fits the finger you are purchasing the ring for. In the United States, the engagement ring and wedding band are most commonly worn on the left ring finger. Lay the ring over each of the sizes below until you are able to find a match. The inside of the ring should match as closely as possible to the circle on the guide. If the ring falls between two of the sizes, order the quarter size between the two.

Method 2: Print your sizer

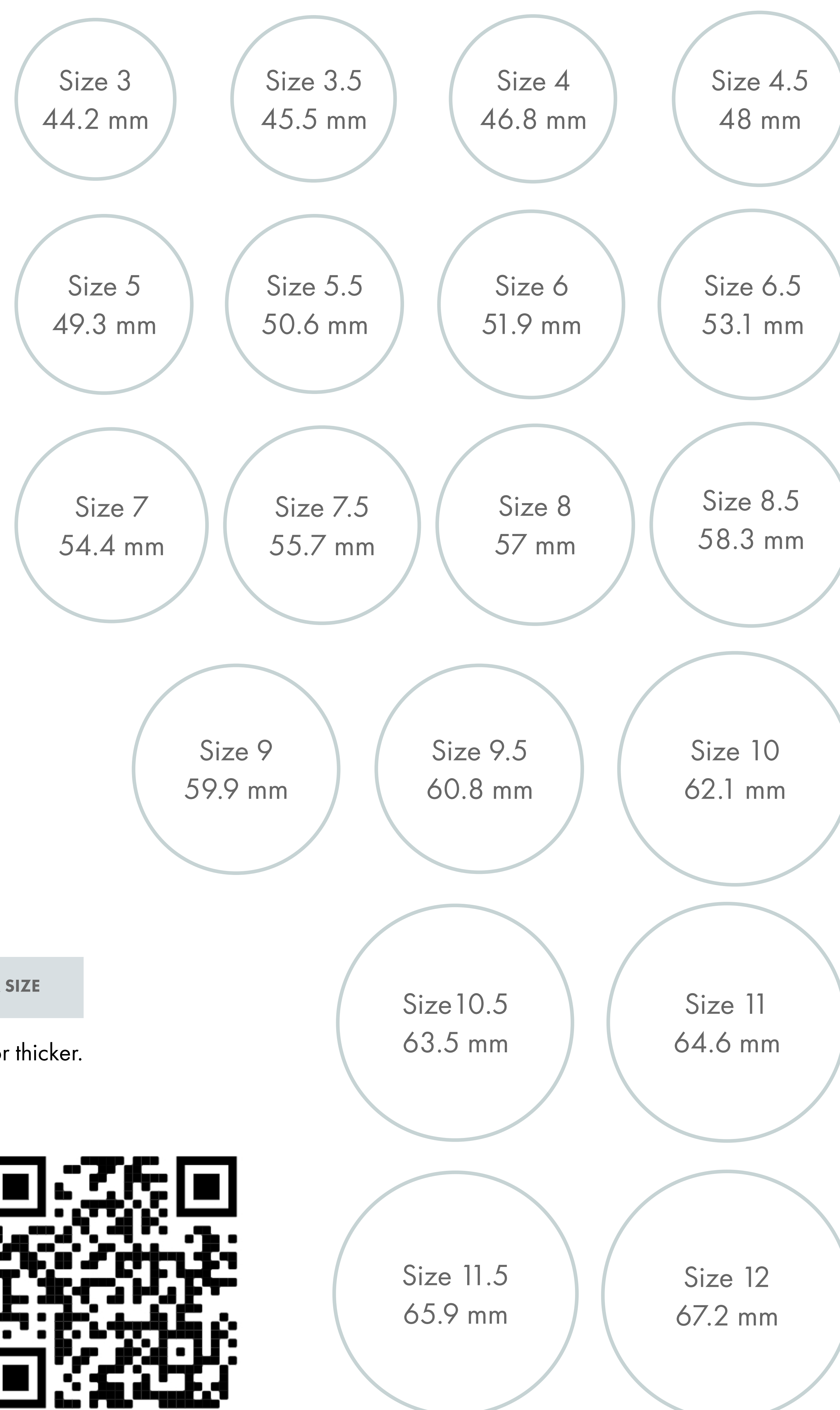
Print and then cut out the ring sizer below. Wrap the ring sizer snugly around the widest part of the intended finger so that the numbers are visible to you, then insert the pointed end through the slit you made in the sizer. Make note of the number that lines up with the slit — this is your ring size. Keep in mind that quarter sizes are also available if you are between whole and half sizes.

Method 3: Order a ring sizer

VRAI's complimentary ring sizers can be ordered and shipped to your home. Simply follow the link at vrai.com/jewelry/rings/ring-sizer, click "Add to bag," and the sizer will be shipped anywhere in the US or Canada free of charge. Secure the end of the sizer through the buckle to form a ring shape. Slip your desired finger through the loop. Pull the end through until the sizer fits snug but is not overly tight. When it fits correctly, look at the little black arrow and note your ring size.

Ring Size Tips

1. Before printing the guide or sizer, be sure to check that page scaling is set to "none."
2. When using a sizer, pull tightly. The sizer must fit comfortably yet snugly to produce an accurate size.
3. Measure your finger at the time of the day when it will be at its largest — usually at the end of the day. Please keep in mind, your ring size can fluctuate about a half size based on your temperature, hydration levels, and hormones.
4. Avoid measuring your fingers when they are cold or damp.
5. Bands and rings over 5mm in width may fit your finger more tightly than rings of the same size in narrower widths.
6. Still unsure about sizing? The most accurate way to determine your ring size is by visiting a local jeweler or VRAI showroom. Book an appointment with our diamond experts for personalized guidance.



How can I find my partner's ring size for a surprise proposal?

Observe the rings they currently wear. If they wear a ring on one of their ring fingers, find a time when they've removed it to measure it. If they only wear rings on other fingers, you can still measure it to get close to their true size. Just anticipate possibly resizing after you propose. If you're unable to measure a ring, ask a close friend or family member who might know their size.

If you're truly unable to find their size beforehand, select an average size and prepare to resize after your engagement.

Find your engagement ring and ensure the perfect fit by booking an appointment with our diamond experts.



*Our ring sizers measure at around 4.5mm in width. Please keep this in mind when sizing for rings that are thinner or thicker.

Choose with confidence

Our engagement rings and wedding bands come with a Lifetime Care Package that includes complimentary resizing up to one full size.



Book an appointment